

# THANKSGIVING LESSON PLAN FOR KINDERGARTEN

## **ACTIVITY: WHAT IS THE DAY OF HARVEST?**

### Massachusetts State Standards

**History and Social Science Standards:** K.T3

Thanksgiving is a special holiday for many Americans because it reminds us to be thankful for our families and the food we have to eat. This holiday was inspired by the original harvest feast between the Wampanoag and the newcomers, also known as the Pilgrims, more than 400 years ago.

The Wampanoag people and the descendants of the Newcomers are still here. And, since the original feast, many more different kinds of people have come to call this country home.

Many people all around the world celebrate a day of harvest in the fall months. Show pictures of different kinds of harvests from around the world and ask students to compare and contrast the foods in the pictures. Ask the students how many of these foods they are familiar with. The instructor may want to print out these images and connect them to the countries and/or regions on a world map, pointing out the distance to their class location.

Encourage students to notice what these festivals have in common:

- Local food that was grown and harvested
- Coming together to celebrate and be happy
- Lots of food at once
- Eating together

In terms of differences, have students notice that different kinds of food are grown in different parts of the world, e.g. the Three Sisters in North America, Rice in Asia, Yams in Africa, etc.

### HARVEST EXAMPLES TO SHARE WITH STUDENTS:

# Harvest

### Region

# USA

https://www.independent.com/2012/05/22/three-vegetable-sisters/ This article first ran in The Santa Barbara Independent by Virginia Hayes

https://www.longhousepodcast.com/episodes/episode-003-thethree-sisters



### Korea

https://medium.com/@allinntimes/what-do-koreans-do-and-eatduring-chuseok-autumn-harvest-festival-8d96e7162e3d

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# Germany

https://www.germanpod101.com/blog/2020/09/30/the-german-harvest-festival/

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### India

https://en.wikipedia.org/wiki/List\_of\_harvest\_festivals

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# Nigeria

https://independent.ng/promotion-of-culture-igbo-stakeholders-in-lagos-celebrate-new-yam-festival/

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# Malaysia

http://news.samsungcnt.com/harvest-festivals-mean-ct-peoplearound-world/

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